Franciscan
ST. FRANCIS HEALTH
Indianapolis

General Information
Franciscan St. Francis Health cares for you in an attentive environment. Parking shuttle services are available Monday - Friday from 5 a.m. to 9 p.m. To contact the shuttle directly, call (317) 416-8725.

Outpatient Center Pocket Guide
PREREGISTRATION

Once you have been scheduled for your surgery, call our registration department at (317) 528-6855. Hours are 8 a.m. to 4:30 p.m., Monday through Friday. Please have your insurance cards ready when you call.

__________________________________________
Patient name

Your surgery is scheduled for

__________________________________________ at __________
Date __________ Time __________

Please arrive by __________ □ a.m. □ p.m.

Please call your surgeon's office if you have any questions about your surgery or care.

__________________________________________
Your surgeon

__________________________________________
Surgeon's office phone number

Franciscan
ST. FRANCIS HEALTH

Indianapolis Campus
8111 S. Emerson Ave.
Indianapolis, IN 46237
(317) 528-5000

Park in Zone 2 and enter one of the hospital entrances that faces South Emerson Avenue (Entrance 5, 6 or 7).

YOUR
PREREGISTRATION
AND PREOPERATIVE
VISIT

August 2012
Welcome to Franciscan St. Francis Health. Your comfort, safety and well-being are our top priorities. This brochure will help you prepare for your preoperative and surgical visits.

BEFORE YOUR VISIT
Please remember these instructions prior to surgery. If these guidelines are not followed, we may need to reschedule your surgery.

• Please stop the following medications 24 hours prior to your surgical procedure:
  ✓ ACE-Inhibitors with generic names which end in -pril, such as lisinopril and captopril.
  ✓ ARBs; examples are generic names which end in -sartan, such as Losartan and Valsartan.
  ✓ Metformin
  ✓ Oral Sulfonylureas (generic names: glyburide, glipizide).
  ✓ Suboxone (post-surgical pain control may be difficult when taking this medication.)
• Do not take diuretic medications like HCTZ (hydrochlorothiazide) on the day of surgery.
• Stop taking the stimulant Vyvanase 10 days prior to your procedure.
• Stop taking diet medication Adipex (phentermine) for 14 days before your procedure.
• Stop all herbal supplements 14 days prior to your procedure, including garlic, ginger, gingko, ginseng, ephedra and saw palmetto.
• Talk to your surgeon about whether you should continue taking aspirin, NSAIDs, and blood thinners (coumadin, heparin, Plavix).

If you are taking insulin and are not taking any food or drink prior to surgery, please continue to check your blood glucose. Call your primary care physician if you have questions.

Additional instructions:

Be sure to call your surgeon’s office if:
• You are taking any of the above medications and did not receive specific instructions about them.
• Your surgery date changes for any reason. (You may be given additional instructions regarding your medications.)
• You are unable to complete your preoperative prep as directed.

YOUR PREOPERATIVE VISIT
When you call to preregister, a preoperative appointment may be scheduled one to three weeks before your surgery. This appointment will take about an hour. During this time, a nurse will take a detailed health history, complete any tests required and answer your questions.

Please bring all medications – prescription and over-the-counter – in their original bottles.

If further evaluation is necessary, you may be asked to see a specialist before surgery. Your surgeon’s office will contact you if this is needed.

Your preoperative appointment

Date and Time

Location

If you are unable to make your appointment, please call preregistration at (317) 528-6855 and reschedule as soon as possible.

ADDITIONAL INSTRUCTIONS
If no preoperative appointment is scheduled, a nurse will call you and review these and other general guidelines.

• Make arrangements for a family member or friend to drive you to and from surgery.
• Make arrangements for an adult to stay with you the remainder of the day following surgery for your safety and assistance.
• Do not eat or drink anything after midnight the night before your surgery unless instructed otherwise by your surgeon.
• Do not drink alcohol for 24 hours before surgery.
• Follow all the medication instructions you’ve been given.
• Leave all jewelry and other valuables at home.
• Do not shave your surgical area at home. Razor shaving has been shown to increase the chance of infection after surgery. If hair needs to be removed, we will use clippers, not a razor, on the day of surgery.
• If you develop cold or flu symptoms (sore throat, diarrhea, fever or productive cough), call your surgeon’s office immediately for further instructions.
• Within a few days of your surgery, a nurse will contact you to see how you are feeling and address any of your concerns.

Thank you for choosing Franciscan St. Francis for your health care needs. Our staff is dedicated to providing you with high-quality, compassionate care.