

come

Community Hospital South. Your physician  
operative care unit (POCU) staff will do their  
best to ensure your stay with us comfortable and pleasant.  
We will provide you with information to help  
prepare for your visit.

After reviewing this information,  
please call the pre-op clinic at 317.887.7471. Our pre-op  
staff will be happy to assist you. Please be ready to  
discuss with you past surgeries, medications,  
allergies and your present health status. A nurse  
in the pre-op unit will also discuss with you any recent  
lab tests or specialists that you have seen; the nurse  
will also discuss about any recent labs, x-rays, EKGs or other  
tests you have had in the past.

**Information from your surgeon**

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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Arrive 2 hours prior to your scheduled surgery  
unless instructed otherwise.)**

Stand in front of Community Hospital South and  
enter through the main front door to the lobby. Check in  
at the registration desk and let the registrar know you are  
here for pre-op testing or surgery.

**Community Hospital South**  
1402 E. County Line Road South  
Indianapolis, IN 46227

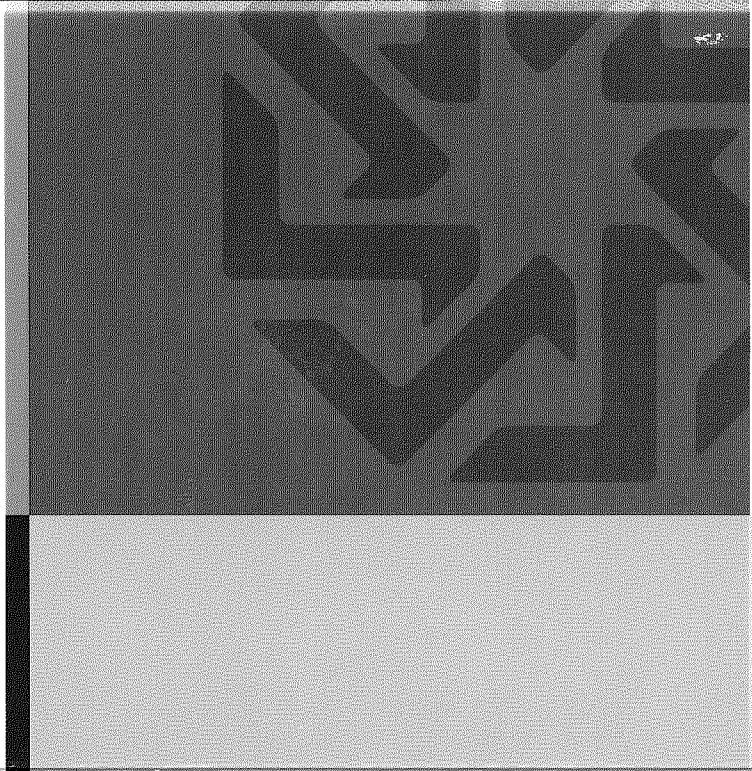
317.887.7000

eCommunity.com

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**Surgery Patient  
Information**



## surgery

### Registration

On the day of your pre-op clinic and your surgery, you will receive a phone call from a registration clerk. (If you do not receive a call, please pre-register online at [community.hospital-south.com](http://community.hospital-south.com) by calling us at 317.355.3920). The registration clerk will provide you with information about your insurance coverage and insurance ID number. Please bring photo identification and insurance information with you on the day of your pre-op clinic and the day of your surgery.

### Clinic

Our pre-op clinic visit provides you with the opportunity to meet with the pre-operative care unit at Community Hospital South. During this visit you may be required to complete a physical, x-rays or an EKG. Your medical and surgical history will be discussed and important educational information will be provided. You and your family will have an opportunity to ask questions regarding your surgery and surgical experience.

### Attending a Pre-Op clinic visit

If you have a complicated medical history, or at your request, you may be seen by an internal medicine physician. Your surgeon's office will setup this visit and notify you of date and time. If you have not been notified of an appointment for your pre-op clinic visit, please call 887.7471 the week prior to your surgery.

### Clinic appointment

**Clinic visit:** \_\_\_\_\_  
**Pre-op clinic visit:** \_\_\_\_\_

### Call

If a clinic visit is not necessary, you may receive a call from a pre-op nurse prior to the day of your surgery. The nurse will ask you questions regarding your medical and surgical history, medications and current status. This will also provide you an opportunity to ask questions. (If you do not receive a call before surgery, please call 887.7471 to obtain your information when you arrive).

### Arrival at the hospital

When you arrive for your clinic visit, please park in front of the hospital. Parking is free of charge. Enter through the front doors and check in at the registration desk. The registration desk will complete any last minute paper work with you and direct you to the surgery area. The surgery waiting area is located on the main floor and is not far from the cafeteria and gift shop. An ATM is also available. If you forget any last-minute details, the concierge can assist you.

### Day of surgery

#### Diet

Do not eat or drink anything after midnight prior to your surgery. Eating or drinking prior to surgery may result in the cancellation of your surgery. If your surgery is scheduled for local anesthesia this restriction may not apply, but be sure to ask your surgeon.

#### Medication

**Do not bring medicines from home, unless instructed otherwise.** Bring a complete list of your medications (including dosages), over-the-counter and herbal medications with you. Please call 317.887.7471 if you have other questions.

#### Valuables

Please leave valuables at home, including jewelry, credit cards and money. A family member or visitor will be asked to take care of any valuables that you bring with you, including glasses and dentures. Cosmetics: Do not wear makeup. Fingernail polish is discouraged, however, manicured and artificial nails are acceptable.

#### Visitors

Once you are prepped for surgery, visitors will be permitted to stay with you in the pre-op care unit until the time of your surgery. Your surgeon will talk with them in the surgery waiting room after your surgery is completed.

#### Transportation

If you are going home the day of surgery, you must have a responsible adult to drive you home. A cab ride home alone is not acceptable. If you are scheduled for a surgery with local anesthesia only, this restriction may not apply. Be sure to ask your doctor. **Receiving sedation of any kind will require**

Have a pillow available in the car for comfort during the drive home. This is especially helpful for elevating an extremity after any orthopedic surgery.

#### Illness

If you develop cold or flu symptoms (sore throat, diarrhea, fever and productive cough) prior to your surgery, **call your doctor!** Your doctor will determine if you should proceed with your surgery.

### Following surgery

Your mental judgment and perception may be altered temporarily after general anesthesia or sedation of any kind. Therefore, you should not drive a car, operate machinery or make important decisions for 24 hours following surgery.

Please arrange for someone to drive you home from the hospital and stay with you for the first 24 hours after surgery.

Parents or guardians of children should observe the child and notify the physician immediately if any unusual problems develop.

It is important to follow your physician's orders regarding medications and diet restrictions.

We want to be sure that your recovery progresses well and that you are satisfied with the services you receive at Community Hospital South. A post anesthesia care unit nurse will call you by phone 24 to 72 hours after your surgery. The nurse will ask how you are feeling and if you have any concerns.

### We're listening

Have a question? Need something? Tell us about it. A concern you'd like to discuss? Ask to speak with your nurse or the nurse manager. On the day of surgery, we will ask for your email address or a survey will be given to you for comments/suggestions regarding your experience. We would appreciate it if you would take the time to complete the survey and return it. We value your honest feedback. **Thank you for choosing Community Hospital South.**